Nordic Geriatric Research School  
17.8. – 19.8.2011 Finland

Venue: Orion –Tuohilampi

Aims: 
To get young gerontologists/geriatricians interested in research
To enhance and update their knowledge and skills in gerontological research
To promote their own research and theses
To support networking between participants.
To promote Nordic co-operation in gerontological research

Teachers: Prof Kaisu Pitkälä and prof Timo Strandberg
Adjunct professor Harriet Finne-Soveri (?)
Adj prof Jouko Laurila
Adj prof Helena Liira (?)
Prof Taina Rantanen
Prof Reijo Tilvis
Prof Jaakko Valvanne
Marja-Liisa Laakkonen

Participants: 20-25 young researchers in geriatrics and gerontology from different Nordic countries

Funding: Each country and participant will pay their own accommodation and travel costs. Teachers are not paid for teaching but their travel and accommodation costs will be covered.

**Wednesday, August 17**

14.00-15.00 Registration and lunch
15.00-15.15 Welcome, introduction and aims of the course
15.15-16.45 Longitudinal studies: What do longitudinal studies on aging tell us?
- example Helsinki Businessman study prof Timo Strandberg
What do longitudinal versus cross-sectional studies tell about aging? prof Marja Jylhä
How to evaluate prognostic factors in longitudinal studies? prof Taina Rantanen
16.45-17.00 Coffee
17.00-19.00 Group work: Introduction, working on each participant’s protocol/papers
18.45-20.00 Sauna
20.00- Dinner

**Thursday, August 18**

07.00-9.00 Breakfast Group work
9.00-9.45 What is evidence based medicine? The art of performing a randomized, controlled trial – adj. prof Helena Liira
9.45-10.30 How to perform a randomized trial on frail older subjects: highlights and pitfalls
prof Kaisu Pitkälä
10.30-11.00 Coffee and sponsor’s presentation
11.00-12.30 Group work: critical appraisal of an intervention study
12.30-13.30 Lunch
13.30-15.30 Group work: working on own protocols/papers
15.30-15.45 Coffee
15.45-16.30 Cochrane, Pubmed, Ageline, EBM guideline demonstrations (optional)
16.30-19.00 Outdoor activities, sauna
19.00- Dinner

Friday, August 19
08.00-9.00 Breakfast
9.00-9.45 How do study older people and use international databases example RAI-database
adj prof Harriet Finne-Soveri
9.45-10.00 What has Nordic geriatric research achieved and where is it going? prof Reijo Tilvis
10.00-10.30 Coffee
10.30-12.30 Group work on protocols/papers
12.30-13.30 Lunch
13.30-15.00 Poster session + participants’ presentations
15.00-15.30 Evaluation